

May
1979

New York Cycle Club



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Bill Knight
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MAY 79

Next Meeting:
Rinaldo's Resturant
32 East 32nd Street
Tuesday, May 15. 6:00 pm
Bring A Friend!

NO RIDE IS TOO SMALL OR TOO LARGE IF THERE IS A LEADER FOR IT!

Mail your ride information to the ride coordinators.

A Rides to: Gary Kryznovek, 1460 Bronx River Road, Bronx, N.Y. 10472.
B Rides to: John Lorenz, 459-100 St., Brooklyn, N.Y. 11224.
C Rides to: Tony Morano, 93 Bay 23 St., Brooklyn, N.Y. 11224.

Or hand in your ride writeup to the coordinators at the monthly meeting. For advanced planning, refer to RIDE PREVIEWS to minimize conflict of dates with other events. If you want to lead a ride, discuss it with us! If you want to ride, come along!

**Sunday
6 May** LOWER MANHATTAN BIKE TOUR: C ride, under 10 miles, flat, easy pace. Leader Marion Bahensky. Meet 10 A.M. Habitat Bike Shop, 244 LaFayette St., (Soho). Tour West Village, ride down Hudson River to Battery Park for lunch. Bike up East side by So. St. Seaport & E. River Park. Bring lunch & lock. Rain will cancel. Renters call bike shop (212) 431-3315 well in advance to reserve. (212) 242-7688. NYCC ride.

**Saturday
12 May** HALF FAST DOUBLE CENTURY: AA ride. Call Jim Rex at 278-5562 for details by Friday at the latest. NYCC ride.

**Saturday
12 May** ELLIS ISLAND & BROOKLYN HEIGHTS: 22 miles C. Lorraine Gewirtz, and Sherman Cohen, co-leaders. Meet 8:30 A.M. CPW and 72nd St. Cycle to Battery Park for boat trip to historic immigration station for guided tour. Afterwards, tour B'klyn Heights. (Small donation to non-profit org. for special guide). Bring bike lock, inner tube, lunch, \$2.50 for boat ticket. (212) 832-9073. Coordinated with AMC.

**Sunday
13 May** EAST RIVER ISLAND HOPPING BY BIKE: C ride. Marion Bahensky, leader. Meet 10:00 A.M. Pedal Pusher Bike Shop, 328 E. 66. Ride along East River to 102nd St. and footbridge to Ward's Island. Up East River route again, to Randall's Island via Triboro, and then to Queens. See beautiful, 200-year-old copper beech tree. Cross another bridge to Roosevelt Island and return to Manhattan by tramway. Bring lunch, lock, and money. About 15 flat miles. Renters call bike shop well in advance to reserve. (212) 242-7688. NYCC ride.

**Sunday
20 May** ANNUAL MONTAUK CENTURY: A ride, 115 miles. Francis Bollag, leader. Fun, flat, and fast is the only way to describe this annual madness. Starting from the Jamaica Station of the LIRR (Sutphin Blvd. and Archer Ave. in Queens) at 5:30 A.M. Get your ticket for the train home by registering in advance at AYH (132 Spring St.) and paying \$6.00, otherwise, it is \$9.00 on the train if space is available. Bring plenty of money for food (\$15.00@) and a water bottle. AYH ride.

Sunday
20 May

PLANTING FIELDS ARBORETUM TOUR, NASSAU CO.: 35 miles, B-; tourists only. John Lorenz, leader. Meet 9:30 A.M. at I.U. Willets Rd. School. Take Northern State Parkway, Exit 27 South on Shelter Rock Road left on Willets Rd., school on the right. Bring camera, lock, energy snacks, spare tube and pump. Nature tour of one hour, small adm. fee. Self-sufficient riders only, to travel as a single group. Return mid-afternoon; cancelled at 50% chance of rain. 833-2223. NYCC ride.

Saturday
26-27 May

PEPSI MARATHON: 24 hours of riding, resting and eating around Central Park. Registration starts at 8:00 A.M., Saturday, at 72nd & 5th Ave., in the Park, or by mail, entry blanks at some bike shops in the city (Conrad's, etc.). Kissena Cycling Club & Pepsi-Cola Ride.

Wednesday
30 May

GRACIE MANSION TO BATTERY PARK BY BIKE: C ride. Marion Bahensky, leader. Meet 10:00 A.M. Pedal Pusher Bike Shop, 328 E. 66. Take a liesurely trip past NYC landmarks. About 15 flat miles. Renters call bike shop (879-0740) well in advance to reserve. (212) 242-7688. NYCC ride.

Saturday
2 June

RAMAPO RIVER VALLEY RIDE: 85 miles, B+. William Yao, leader. This is the first of two rides which explore the possibilities around the Ramapo Mountain. Meet at 8:00 A.M. at Grant's Tomb. This ride will follow the Weisman route north from the G.W. Bridge to Lake Tappan. Then west on Prospect Ave. through Woodcliff Lake, Allendale, Wyckoff, Franklin Lake to Oakland. North along the Ramapo River Valley into N.Y. and Ladentown. We shall return via the Saddle River Valley to Ho-Ho-Kus, Demarest and the G.W. Lunch Stop at Oakland. Flat and fast! 749-1978. NYCC ride.

Friday
1-3 June

PA. DUTCH BIKE WEEKEND: C ride. Marion Bahensky, leader. Scenic Cycling of Philadelphia will lead leisurely, social rides through Lehigh Valley farm country. Historical sites, game preserve, amusement park, indoor swimming nearby. Amateur theatre group performs Sat. eve. \$55.00 includes 2 breakfasts, Sat. dinner, 2 trail lunches. Two per room. Group limited. Reservations accepted on first come, first served basis. Send \$30.00 deposit and SASE to register as soon as possible, indicating whether you need or can supply transportation. No bike rentals. Bertha Korn, Registrar, 1129 E. 27, Brooklyn, N.Y., 11210, (212) 338-1791, Marion Bahensky (212) 242-7688. NYCC ride.

Friday
1-3 June
and
Friday
8-10 June

CYCLING WEEKEND AT CEDAR CREST COLLEGE: C ride. Scenic Cycling Tours, P.O. Box 15461M, Philadelphia, Pa., 19149, leader. A weekend at the beautiful campus of Cedar Crest College located just outside of Allentown, Pa. in the rolling farmlands of the Lehigh Valley. This area features many historical sites, Penna. Dutch farmhouses, and amusement spots such as Dorney Park, the Trexlerstown Velodrome and the Trexler-Lehigh Game Preserve. Each tour package includes 2 nights' lodging in dormitory accommodations (2 per room), 6 meals (2 full-course breakfasts, 2 packed lunches, and 2 full-course dinners), a scenic bicycle ride of 20-30 miles each day, and free use of the college's tennis courts, etc. Each weekend package costs \$59.00 complete per person double occupancy (a roommate will be provided for anyone not having one). Send \$35.00 deposit to the address of Scenic Cycling given above. Scenic Cycling Tours, Jeff Ostroff, Director.

- Saturday 9 June** QUEENS PARK BIKE TRIP: C ride, 25 miles, moderate pace, flat. Ernie Roth, leader. Trip mostly on bike paths, passes Flushing Meadow, Kissena, and Alley Pond Parks. Meet 10:30 A.M. at Hemisphere in front of skating rink. Shea Stadium stop on Flushing subway. Drivers park in lot adjacent to skating rink. Bring lunch and lock. Cancelled if rain. Important: call leader to confirm ride: (212) HO8-1247. NYCC ride.
- Sunday 10 June** BROOKLYN BRIDGE CYCLE TRIP: C ride, about 15 flat miles, moderate pace. Marion Bahensky and Dolores Bock, coleaders. Meet 10:00 A.M. Habitat Bike Shop, 244 LaFayette St., (Soho). Ride down East River Park to South St. Seaport and Battery, Tour financial district, cross Brooklyn Bridge and explore Brooklyn Heights. On to Prospect Park through city streets and back to bike shop before 6. Bring lunch and lock. Rain w-ll cancel. Renters call bike shop well in advance (431-3315) to reserve bike. Bahensky: (212) 242-7688; Bock: (212) 358-6266. NYCC ride.
- Saturday 16 June** 5th ANNUAL STRAWBERRY FESTIVAL: 90 miles, A ride. Mike Gerber leader. Ride out to Riverhead, L.I. and have the best strawberry shortcake ever. We will probably be taking a chartered bus back to N.Y. To get a ticket and details, call or write AYH. AYH ride.
- Saturday 16 June** BOSTON TWIN CENTURY: A ride, 2 days, 125 miles each day. Les BERkow, leader. We will be staying at the New London Youth Hostel in Conn. Call Les at 969-9571 for details. NYCC ride.
- Saturday 16 June** FULTON FERRY MUSEUM/MANHATTAN BEACH BIKE TRIP: 35 miles, C ride. Lorraine Gewirtz, and Sherman Cohen, co-leaders. Meet 9:00 A.M. at City Hall. Cycle over Brooklyn Bridge for 9:30 merger with Brooklynites. First stop, quaint museum set between Brooklyn and Manhattan Bridges. Onward to beach for sunning, swimming and exploring Sheepshead Bay area. Bring bike lock, inner tube, lunch/money, swim stuff. (212) 832-9073. Coordinated with AMC.
- Saturday 16 June** FRUIT AND VEGETABLE PICKER, SUFFOLK CO. TOUR: 40 miles, C+; tourists only. John Lorenz, leader. Meet 9:30 A.M. quarter mile south of Exit 51, L.I.E., on Rte. 231, at Louie and Vinnie Farm. Pick your own farms checked out. Be prepared to eat or carry produce. Carry spare tube and pump. Return to arrive back before sunset. Cancelled at 50% chance of rain. 833-2223. NYCC ride.
- Sunday 17 June** WANAQUE RESEVOIR AND SEVEN LAKE DRIVE: 110 miles, A ride. William Yao, leader. Meet at Grant's Tomb at 7:30 A.M. This ride follows the same route as the Ramapo River ride from Lake Tappan to Oakland. Then south to Pompton Lake before turning north along Wanaque Reservoir, Happy Valley to Sloatsburg. On into Harriman State Park, Lake Sebago and Lake Kanawauke. East on Rt. 210 pass Lake Welch to Willow Grove. South to Montvale along the Pascack River. Same route back to G.W. Food stops at Oakland and Montvale. 749-1978. NYCC ride. (Route may be changed if police do not allow cycles on Seven Lakes Drive).

Sunday
17 June BIKE BROOKLYN BRIDGE TO NARROWS BRIDGE: about 15 miles, C ride. Ann Loeb, and Marion Bahensky, co-leaders. Meet 9:30 A.M. Habitat Bike Shop, 244 LaFayette St., Soho. Ride down East River Park to Brooklyn Bridge, meet Brooklyn group at 10:30 at Brooklyn Bridge footpath exit. Cycle through Brooklyn Heights and city streets to bike path along the bay. Picnic lunch and then return via same route. Bring lunch & lock. Rain will cancel. Renters call bike shop well in advance to reserve. (212) 431-3315. Loeb: (212) 289-0176; Bahensky: (212) 242-7688.

Sunday
24 June ALBANY RIDE: A+, 150 miles. Steve Bauman, leader. To come on this ride, you must come to the pre-trip meeting at AYH. More details next month. AYH ride.

Sunday
24 June BIKE TWO BRIDGES TO BROOKLYN: C ride, about 10 flat, slow, miles. Marion Bahensky and Dolores Bock, co-leaders. Meet 10:00 A.M. Habitat Bike Shop, 244 LaFayette St., Soho. Travel to Battery via East River Park & So. St. Seaport. Tour financial district, then cross Brooklyn Bridge. Brief tour of Williamsburg and back across Williamsburg Bridge. Return to bike shop about 4 P.M. Rain will cancel. Renters call bike shop (431-3315) well in advance to reserve bike. Bahensky: (212)242-7688; Bock: (212) 358-6266. NYCC ride.

Sunday
30 June BIKE RIDE SHEEPSHEAD BAY TO BREEZY POINT: C ride, 20 flat miles. Marion Bahensky and Bertha Korn, co-leaders. See model airplanes at Gateway, fishing boats, picnic on beach. Meet 10:00 A.M. at end of Fisherman's wharf, Knapp & Emmons (Exit 9A of Belt Parkway Eastbound). Bring lunch & lock. Rain will cancel. Bahensky: (212) 242-7688; Korn: (212) 338-1791. NYCC ride.

REGULAR RIDES -- LEADERLESS

CENTRAL PARK	10:00 A.M. Sat. & Sun.	from Boathouse*
BEDFORD VILLAGE	10:00 A.M.	Sun. from Firehouse.
WHITE PLAINS	9:15 A.M. Sat.	from Milkmaid Diner: at Rose- dale & Marmaronack.
LONG ISLAND	10:00 A.M. Sat. & Sun.	from I.U. Willets School Pkg.Lot: I.U. Willets & Guinea Woods Rd.
EASTERN LONG ISLAND (Bridgehampton)	10:00 A.M.	Sun. from Soporific Bike Shop, Montauk Hwy. (Rte. 27)

*The Boathouse is located on the East Drive of Central Park about 3 blocks north of the Fifth Ave. and 72nd St. entrance.

EFFECTIVE CYCLING, Program for May 15th

Lorraine Gewirtz, Program Veep

We have something very special for our May offering, the first in a 3-part, bicycle safety program.* Myrna Meyer, an ex-NYCCer, who now teaches John Forester's "Effective Cycling" will be giving us some specifics from the course. You may have read about "Effective Cycling", sanctioned by LAW, in the League's Bulletin, or in Bicycle Forum. The course promises that you can change from an incompetent cyclist to a competent one, losing your road inferiority and demanding equal road rights. Myrna will tell us how. She will discuss the best methods for riding in traffic and the 3 phases of bicycle traffic safety - prevention, avoidance and minimization. She will include the 3 emergency maneuvers of pot hole dodging, instant turns and panic stops so vital in our urban traffic.

We look forward to Myrna Meyer's program and hope you will join us and benefit from her cycling know-how, especially now that the biking season is in full bloom.

*Note: Watch your bulletin for dates when the balance of the series will be offered. The 2nd part will feature a AAA film, "Only One Road", and discussion by AAA's Bicycle Safety Educator. The final segment will be "First Aid for the Cyclist".

MR. BICYCLE

Lorraine Gewirtz, Program Veep

Octogenarian Roland Geist, author of "Bicycle People" will not be our guest in June. Unfortunately Mrs. Geist injured her back and requires his attention. We wish Mrs. Geist a speedy recovery and we hope Mr. Geist will be able to honor us with a guest appearance soon. In the meantime, if you're interested in knowing more about "Mr. Bicycle" get yourself a copy of his recently published "Bicycle People" and visit the Bicycle Museum, which he helped found, at the Richmondtown Restoration in Staten Island.

FOR SALE

21 1/2" Olive Green, Men's Sports Raleigh (3-speed)

In perfect condition, only ridden 150 miles

Price: \$141.00 as best offer.

Call: 533-3568 (after 6:30 PM or weekends)

Ask for Diana

The Transcendental Cyclist

by

Ed B. Flowers

Find me a man with both feet firmly rooted to the ground, and I'll show you a man that has trouble getting his pants off. Cyclists certainly don't have this trouble. To the contrary, cyclists' feet are generally up in the air going around in circles. Sometimes this continues for hundreds of miles. At his best, the cyclist is in another world. He is a transcendentalist, floating atop his spare machine, in tune with his body's rhythms, and probably fantasizing actively.

The modern 10-speed bicycle encourages you to find your natural rhythm and maintain this same, hypnotic, pace over hill and dale. As you spin along, you tire, and as you become fatigued, you become more relaxed than if you'd popped a dozen Miltowns. The stage has been set for some relaxed and rampant fantasizing. Beginners are often confronted with the "C ride dilemma" at this point. Is it possible to be a transcendental cyclist on 16-inch wheels with high rise handlebars? To put this another way, when both feet come back down to earth for sightseeing, it's harder to maintain the fantasy. This is why C rides require more planning.

On the other hand, who has chronicled the secret world of the century rider? What happens to body rhythms under the scourge of the "second wind?" Is it sublime or miserable? Is it transcendental or entropic? Is the urge to competitive cycling an anti-life force?

Other gremlins of the world of transcendental cycling are . . . missing the scenery because you're hunched too far over your downturned handlebars . . . cursed by a mechanic who pronounced your front bracket angle too sharp, or your top tube too short, or . . . the confused persona who can't decide whether the center of his cycling consciousness is in the seat, the downtube, or . . . grabbing the brakes while you're doing 50 mph on the rollers . . .

Proper transcendental cycling is just slow enough to maintain a connection with your surroundings; just fast enough to provide exhilaration; and just active enough to bring out relaxed body rhythms along with the fatigue. The transcendental cyclist rides in a world of his own. This is why A's can't talk to C's, and why you can ride anywhere in Manhattan without being mugged--the transcendental cyclist is invisible, or if not invisible, then certainly transparent.

The transcendental cyclist's club doesn't really give a damn about anything but cycling. There is always a rich selection of rides available. The karma of the transcendental cyclist rests easiest in its own environment, even if that's in Westchester County.

Finally, the transcendental cyclist passes on to a better world. When this happens, he is generally old, hard, healthy, well-tanned, and worn out. He has fought the night with the philosophy that there was no hill so steep that he couldn't walk up it. During an accident, his life has casually flashed before his eyes. Sometimes the younger cyclist glimpses this better world, when, with feet firmly locked in the air by cleats and toe clips, at full stop before a streetlight, he topples helplessly sideways and a disembodied voice repeats, lazily, ". . . you idiot, you idiot . . ."

RECIPROCATIVE IRONLEG STRIKES BACK

READERS WHO PAID ATTENTION TO PAGE 11 MARCH 79 BULLETIN, BE ADVISED EVEN THOUGH JIM REX HAVE BEEN SUBJECTED TO LOT OF BALLBUSTING AS REFERRED TO, HAS REMAINED CASE HARDENED AND ACTION READY JUST THE SAME. WITH UNINTERRUPTED USE KEEPING FROM GETTING RUSTY CAN DISPENSE WITH SOUGHT AFTER STAINLESS QUALITY THAT WOULD BE DESIRABLE AT BEST ONLY TO ENHANCE LONG SHELF LIFE OBSCOLESCENCE.

SO FAR MOST PEOPLE WOULD READILY UNDERSTAND THE SCOPE OF THIS SITUATION. EXCEPT FOR A FEW FUNCTIONAL-GEAR CHART-ILLITERATES HOOKED ON SPOONFED 32 TEETH REAR CLUSTER RELIEF MEASURES OFFERED FOR HIGH HILL CONSTIPATION ALMOST INDISCRIMINATELY. THERE OUGHT TO BE A LAW AGAINST SUCH HABIT FORMING ABUSES WITH SUCH TIGHT RESTRICTIONS AS 13-17. NOT TO MENTION THOSE PROSTHETIC DEVICES CALLED UPRIGHT HANDLEBAR, AND SPRING SADDLES SUPPOSEDLY FOR SEVERE AFFLICTIONS. THE FALLACY OF SUCH OVER-DEPENDANT PRACTICES DISGUISED AS CONDITIONING MEASURES HAVE BEEN APTLY DEMONSTRATED NOT LONG AGO BY IT'S MAJOR PROPONENT AS ONE OF OUR ILLUSTRIOUS LEADERS: EXHIBITING IT'S ACCUMULATIVE SIDE EFFECT IN SPINAL DEFORMITY IN LESS TIME THAN IT TAKES TO PUMP A TIRE, BROUGHT ON HAVING TO FACE THE PROSPECT OF RIDING A CENTURY.

ANOTHER JUST AS PREVALENT POPULAR MISCONCEPTION I'M AWARE OF IS THE MASTURBATORY PRACTICE OF ROLLER RIDING PEOPLE JERKING AWAY AT 120 PEDAL RPM. JUST LAST MONTH I STOPPED TO SEE HENRY GIFFORD AT A BIKE SHOP, WHERE UPON TWO STRANGERS HAVE APPROACHED ME WITH AN OFFER TO PERFORM AT A 150. PROPERLY DRESSED IN STREET CLOTHES I WAS SHOCKED TO HAVE BEEN MISTAKEN FOR THE TYPE THAT TURNS SUCH TRICKS, BUT I WAS TAKEN ADVANTAGE OF JUST THE SAME AS I HAD TO PUT OUT AT 180 RPM ON FIRST TRY. THUS VICTIMIZED BY CIRCUMSTANCES I HAD TO BLUFF MY WAY OUT OF THE SITUATION BY A FALSE WARNING THAT I WAS A GRADUATE OF THE DON RICKLES CHARM SCHOOL. THEY LET ME LOOSE UNDER THE THREAT I SHOULD NEVER DARE TO RUN FOR A POPULARITY CONTEST IN THE NYCC. AS A CONSOLATION, LIFE HAS ALMOST BEEN GOOD TO ME SINCE HAVING FULFILLED MY POST GRADUATE "1977 RON KAHN ARROGANCE EQUIVALENCY QUOTIENT" REQUIREMENT ON DEADLINE.

Dear fellow members of NYCC,

Those of you that were at the March meeting heard me ask that everyone write a letter to Mayor Koch expressing the need for bike lanes in NYC. Most of us feel the need for bike lanes on the City Streets and on the bridges that do not have them now. I know that many of you have signed petitions and rode in Bike-ins to help make our needs as committed bikers more visible to the public and to the city Officials. This is all very fine and good but a personal letter to the Mayor will do a lot more good than petitions and Bike-ins. Of the thousands of people tht have participated in the Bike-ins a very-very small perenntage have taken the time to write a letter expressing ~~their~~ own need for safe Bike Lanes.

My prime intrest is for a permanent Bike Lane on the 59th St.-Queensboro Bridge. I commute over this bridge. It is the only way for people who live in Queens to get to Manhattan or vice-versa. Riding with the traffic over the bridge is dangerous at best for an expert cyclist. It is prohibitive for the average and novice cyclist. I feel that pedestrians and bicyclists should not be forced to drive an automobile or take public transportation if they do not chose to do so. NYC must reduce air polution levals to meet the E.P.A. standards. The more people that commute by Bike the closer we are to meeting these standards. Anything that can be done to make Biking safer in NYC will encourage more people to Bike.

The two Bike lanes that we now have are a great help. I use them myself and see many others using them (the Broadway-5th Ave and the 6th Ave lanes). We need more of them.

I am asking all of you to help me to make NYC a safer place to bike and Bike Commute. We need more bike lanes on the city streets and we must have a bike lane everyday, 24 hours a day, not just on the weekends, on the 59th St-Queensboro Bridge.

Do your part!!! Write a letter now!!! Today!!! to:

Mayor Edward Koch
City Hall
N.Y., N.Y. 10007

I did and received a personal reply from the Mayor. The only way he will know that there are committed Bikers in NYC is for YOU to write him and tell him NOW!!!

Bike For A Better City,

David C. Miller

RIDE RESULTS				TRIP MILES	RIDERS	CLUB'S MILEAGE
APR	1	APRIL FOOL'S TOUR		42	3	126
"	1	WEISMAN TRAINING RIDE #5		25	6	150
"	1	MAILING " " #5		75	6	450
"	8	" " " #6 (SLEETH)		90	6	500
"	15	HALF-FAST CENTURY (RAINED)		90	4	360
"	15	HUDSON-PIERMONT (RAINED)	(38)		0	0
"	21	N.J. PARK CYCLE SHOP		20	12	240
"	22	CAUMSETT STATE PARK		44	2	88
CANCELLED 1 TRIP, 4 LEADERS HAD 7 :				386	37	1,914
APR	22	FIVE BORO BIKE TOUR (ESTIMATED)		36	7,000	252,000

RIDE PREVIEW				C	B	A	FROM
JUN	16	FRUIT PICKER RIDE		40			L.I.
"	16	5TH ANNUAL STRAWBERRY FESTIVAL (TRAIN CANCELLED)				90	NYC
"	16	4TH " BOSTON TWIN CENTURY IN 2 DAYS				220	QNS - PLANE
"	16	FULTON FERRY MUSEUM, MANHATTAN BEACH	!				NYC
"	17	WANAUKE RESERVATION				110	"
"	23	4TH ANNUAL DELAWARE DOUBLE CENTURY				207	NEWARK, DEL
"	24	4TH " ALBANY RIDE				155	NYC - TRAIN
"	24	PASSAIC TOUR			39		"
"	24	PORT JEFFERSON HILLY METRIC CENTURY				65	L.I.-EAST
"	29	MILLERSVILLE WEEKEND TOUR 3 DYS			!		NYC - PA
"	30	MINI BIKE TRAIN #2					CANCELLED
JUL	8	TOUR OF MORRIS COUNTY			30		N.J.
"		TH ANNUAL NEW HOPE DOUBLE METRIC CENTURY				120	NJ - PA
"	14	4TH " PHILADELPHIA DOUBLE CENTURY				209	S.I. "
"		4TH " DANBURY CENTURY				108	Bx
"		2ND IRONLEG MILLENNARY SERIES 10 DYS (TENTATIVE)				1000	QNS - GA
"		3 A.M. RIDE	!				NYC
"	14	MINI BIKE TRAIN #3					CANCELLED
"	28	" " " #4					"
"	28	SANDY HOOK WEEKEND			!		N.J.
"	29	4TH ANNUAL PRINCETON CENTURY			50	100	"
AUG	5	ROAD RALLY			!	!	L.I.
"	12	FOUR STATE DOUBLE CENTURY				200	MASS
"		TH ANNUAL ONONDAGA 24 HRS TIME TRIAL				473	SYRACUSE, NY
"		RHINEBACK-HUDSON CENTURY (TENTATIVE)				120	NYC - TRAIN
"	18	BIG BIKE TRAIN					CANCELLED
SEP	1	MINI " " #5					"
"		11TH SEMI ANNUAL TOHRV 3DYS				405	NYC - MONTREAL
"	3	TH PARIS-BREST-PARIS (90 HRS LIMIT)				756	FRANCE - PLANE
"	9	FRUIT PICKER RIDE	40				L.I.
"	16	4TH ANNUAL DOUBLE METRIC & HI-POINT CENTURY	25	50	120		"
"	29	3RD " MONTAUK DOUBLE CENTURY			200		"
"	30	ANCIENT MARINER CENTURY (SLOW)			100		"
"	30	1ST ANNUAL FALL CLUB RIDE	25	50	100		NYC
OCT	6	10TH " CAPITOL RUN 1DY			250		" - TRAIN
"		TH " FALL FOLIAGE RIDE		40	70		N.J.
"	14	TH SEMI ANNUAL RIVERHEAD RIDE			65		L.I.-EAST
"	14	POUND RIDGE RESERVATION		40			L.I.
"		BEAR MOUNTAIN RALLY (TENTATIVE)			100		NYC

Thanks largely to the efforts of the League of American Wheelmen (L.A.W.), bicyclists won major victories in the 95th U.S. Congress. Here is a brief summary of what happened:

- .The definition of "bikeway" was broadened so that projects such as lane widening, shoulder improvements, and bike parking facilities can now be funded under the Federal-Aid Highway Acc. The implication of this is that improvements to the cycling environment will no longer be restricted only to building bike paths, or in effect, "locking" cyclists into a fixed space or putting them off the road entirely--a big step toward ensuring that bicycles will be treated by law as a legitimate form of transportation and not just as a toy.
- .Highway construction or reconstruction projects funded by the Federal government (almost all of them are to some extent) cannot sever a route used by cyclists unless a reasonable alternate exists or will be built. Thus, things such as road widening which might have removed a usable shoulder in order to accommodate more cars can no longer occur unless suitable alternate provisions for bicycles (and pedestrians) are made.
- .New standards for the design of bicycle facilities will be developed. The old standards were very narrow in scope and tended to put bikes on separate paths (we all know how most bike paths are inferior to the roadway). The likelihood is much greater that the new standards will treat cyclists as part of the overall transportation system. L.A.W. will be there to provide the kind of input that cyclists need and want.
- .A federal DOT study has been mandated to learn how bicycle usage can be increased and to find out what obstacles to this objective exist. We cyclists already know this, but if you understand politics, you know that nothing is ever official until it has been discovered by a government study.
- .A bill that would have increased the tariff on foreign-made bicycle tires was defeated. In signing that piece of legislation, Pres. Carter cited a number of the reasons submitted by L.A.W. in its Congressional testimony. So even if the cost of tires goes up, take heart--it could have been worse.

All this may sound vague and esoteric to you--you'd probably prefer just to ride your bike. The next time you do, think about the 3 things that are required for you to cycle: a bicycle, a rider, and a place to ride. You provide the bike and rider, but what good are they without a place to ride? That's the one ingredient that you have no direct control over. Now do you understand why L.A.W. is so heavily involved in legislative and regulatory action, and why this is so important to you?

There's an L.A.W. membership application at the bottom of this page. If you don't already belong (many of your fellow club members do), don't you think you should? There's a lot more to L.A.W. than just political action--if you'd like to know about the other activities, just call or write Bill Hoffman (address and phone number below). What will you do today that's more important to your cycling future....?

MEMBERSHIP APPLICATION
(Please print or type)
☐ New ☐ Renewal



LEAGUE OF AMERICAN WHEELMEN

NAME(S) _____

ADDRESS _____

CITY _____

STATE _____

ZIP _____

TELEPHONE _____

OCCUPATION _____

BICYCLE CLUB AFFILIATIONS _____

NAMES AND AGES OF CHILDREN _____

Check type of membership desired

☐ Sustaining Membership: \$25.00

☐ Individual Membership: \$10.00
(Age 14 and up)

☐ Family Membership: \$15.00
(Two adults and unmarried children to age 21 living at the same address. Include name and age of each child.)

☐ Life Membership: \$250.00
(Installment: \$25.00 every 3 months)

☐ Family Life Membership: \$375.00
(Installment: \$37.50 every 3 months)

Please find my additional contribution as indicated to expedite the League's legislative efforts:

\$50 ☐ \$25 ☐ \$15 ☐ \$10

Enclose check or money order made payable to:

LEAGUE OF AMERICAN WHEELMEN
19 South Bothwell, Palatine, Illinois 60067

For further information about the League and local biking activities contact:

Bill Hoffman, Regional V.P.
53 Claire Ave.
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